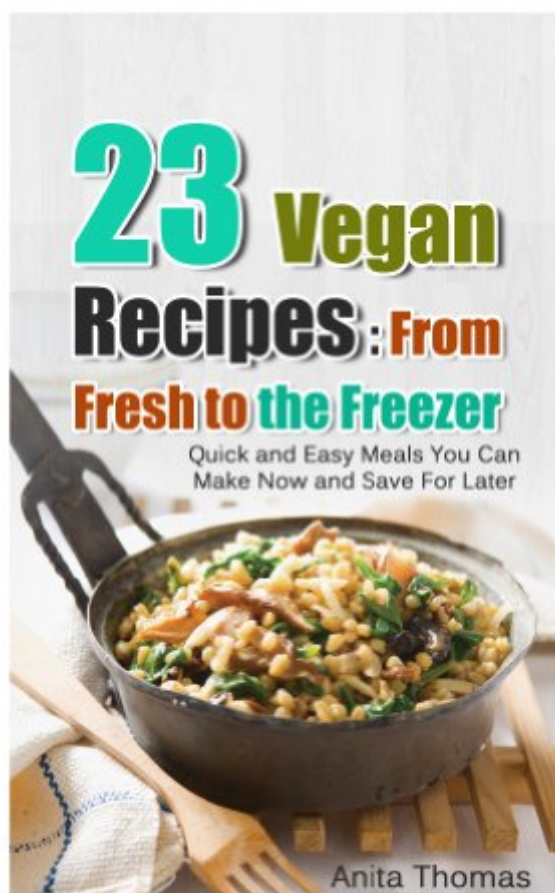


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23 Vegan Recipes From Fresh To The Freezer



Synopsis

23 Vegan Recipes From Fresh to the Freezer: Quick and Easy Meals You Can Make Now and Save For Later is the ideal handbook to have around if you want to make healthy and tasty meals from scratch which can then be frozen and used later on if necessary. In this book you will find:- Quick and tasty Lunch Ideas- Delicious Dinner ideas- Moreish Desserts...and super easy Side Dishes! What's more all of these recipes are vegan and therefore contain no meat, eggs or dairy products. Never be stuck for vegan meal ideas ever again! Scroll Up and Grab Your Copy Now!

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